



Indian Medical Association

Dombivli Branch



Indian Medical Association, Dombivli Is A Local Branch Of Indian Medical Association Maharashtra State (Which Is The State Unit Of National IMA With Headquarter Situated At New Delhi). Currently In It's 52nd Year, With 410 Doctors Of Modern Medicine As Its Members, IMA Dombivli Has Always Been On The Forefront For Conducting Community Service And Social Activities, For The Benefit Of Community At Large, under aegis of Dombivli Medical Foundation Trust (Registered under Bombay Public Trust Act 1950, Reg No E 2894 - Thane).

Presenting Herewith An overview of the Community Service Activities & Social Work Done By IMA Dombivli from 2017 -2022. Considering It Our Social Responsibility, We, The Members of Indian Medical Association Dombivli, Will Continue To Strive Hard To Work For The Betterment Of The Community.



IMA DOMBIVLI COMMUNITY SERVICE REPORT (YEAR 2021 -22)

Dr Bhakti Lote

President, IMA Dombivli

2021 - 22

Dr Niti Upasani

Hon Secretary, IMA Dombivli

2021 - 22

Blood Donation Camp


INDIAN MEDICAL ASSOCIATION DOMBIVLI
Celebrating Health Care And Humanity
{ Under Aegis Of Dombivli Medical Foundation }
In Association With Dombivli Gymkhana &
Inner Wheel Club Of Dombivli
Organises
As a Part of " Doctor's Day Celebration "


BLOOD DONATION CAMP



Date / Time:
4th July 2021 Sunday
9.00am to 2.00pm

Venue :
Pathare Hall, Dombivli Gymkhana,
MIDC

Dr. Swati Gurav
Chairperson, ODC

Dr. Aparna Powar
Convener, ODC

Dr. Bhakti Lote
President, IMA Dombivli

Dr. Niti Upasani
Hon. Secretary, IMA Dombivli

For Details Contact IMA Dombivli : 8657406858



IMA Dombivli organ donation committee under aegis of Dombivli Medical Foundation , in association with Dombivli Gymkhana organised "Blood Donation Camp" on 4th July 2021. Total 98 units of blood was collected.

Organ Donation awareness

INDIAN MEDICAL ASSOCIATION DOMBIVLI
Celebrating Health Care And Humanity

{ Under Aegis Of Dombivli Medical Foundation }

“ मानवतेला आपले योगदान , करूया अवयव दान ”



Community Awareness Program For Organ Donation

Date: 6th July 2021, Tuesday, Time: 4.00 pm
ZOOM Meeting ID: 825 1107 4340 | Passcode: 925145
Open to all to clear your doubt and debunk myths about organ donation.

EMINENT PANELIST FROM ZTCC

 Dr. S. K. Mathur President ZTCC, Mumbai	 Dr. Bharat Shah General secretary, ZTCC, Mumbai
 Dr. Prashant Borade Head intensive care unit, Global hospital, Parel	 Mrs. Sujata Ashtekar Chairperson, Awareness & Promotional Activities, ZTCC, Mumbai.

Dr. Swati Gurav
Chairperson, ODC

Dr. Aparna Powar
Convener, ODC

Dr. Bhakti Lote
President, IMA Dombivli

Dr. Niti Upasani
Hon. Secretary, IMA Dombivli

IMA Dombivli organ donation committee under aegis of Dombivli medical foundation organised Community awareness programme on organ donation on 6th July 2021 by Eminent Speakers from ZTCC and Global Hospital, Mumbai. The program was conducted online on zoom platform and was attended by nearly 160 participants.

Flood Relief Work During Konkan Floods



Considering the flood situation in Konkan region and Western Maharashtra, IMA Dombivli under Aegis of Dombivli Medical Foundation, stood along with various social worker groups and sent out medical aid and essentials to flood affected areas on 21st July 2021 and 10th August 2021. Indian Medical Association Dombivli under aegis of Dombivli Medical Foundation donated medicines and essential for flood victims in Konkan region. Donations were done through a local help and support group visiting flood affected area.

Drug abuse and Deaddiction awareness

**Mission Pink Health**

MPH Committee, IMA Dombivli
Under Aegis of Dombivli Medical Foundation
आणि
Inner Wheel Club, Dombivli
यांच्या संयुक्त विद्यमाने आयोजित करित आलेल

“ व्यसनांचा विळखा, वेळीच ओळखा ”
व्यसनांविषयी जनजागृती कार्यक्रम

दिनांक : २५ सप्टेंबर
दुपारी : ३ ते ५

Say No To Drugs

ठिकाण - झूम मीटिंग | झूम आयडी - 892 5908 9682 | झूम पासवर्ड - 461259

प्रमुख पाहुणे :
ॐ. अर्चना पाटे (Chairperson, MPH IMA MS)
वक्ते :
ॐ. विजय चिंचोले (मानसोपचार तज्ञ तथा समुपदेशक)
मनसा व्यसन मुक्ती आणि पुनर्वसन केंद्र ,टिठवाळा

डॉ. भक्ती लोटे
President IMA डोम्बिवली

डॉ. नीति उपासनी
Secretary IMA डोम्बिवली

डॉ. विजय चिंचोले
Chairperson MPH, IMA डोम्बिवली

डॉ. श्रुति पतकी
Convener MPH, IMA डोम्बिवली

IMA Dombivli MPH Committee under aegis of Dombivli medical foundation in association with Inner Wheel Club Dombivli on 25th of September 2021 conducted online webinar on "Drug abuse and Deaddiction awareness" for the community. Attended by 75 children, teachers and parents

Welcoming the Girl Child



IMA Dombivli conducted 'Project Durga' on the occasion of Navratri on to celebrate Birth of a Girl Child. On 13th October 2021, Team IMA Dombivli visited Shastrinagar hospital, KDMC, and participated in the joy of mother. Small gifts were given for New-borns and healthy food items for mothers. Importance of good Education for girls was emphasized upon.

Stress Management for Children



IMA DOMBIVLI MPH COMMITTEE UNDER THE AEGIS OF
DOMBIVLI MEDICAL FOUNDATION TRUST INITIATIVE
Alongwith
Wally's My First Playhouse, Dombivli

Project Series
AWARENESS THAT MATTERS - FOR THE PARENT AND CHILD

STRESS IS INEVITABLE BUT DISTRESS IS NOT..!!
STRESS MANAGEMENT IS KEY TO HAPPINESS.

1st Webinar
"Stress Management In Current Scenario"

Date - 11/12/2021
Timing: 10.00am to 11.00am

- Speakers -
Dr. Vijay Chinchole, Psychiatrist
Ms. Madhura Koparkar, Psychologist

Venue: Zoom Platform
Meeting ID: 85336652426 | Password: 436662
Youtube Live : Live streaming once program starts

Dr. Bhakti Lote, President, IMA Dombivli
Dr. Niti Upasani, Hon. Secretary, IMA Dombivli
Dr. Vijay Chinchole, Chairperson, MPH Committee
Dr. Shruti Arabatti Pataki, Convenor, MPH Committee

IMA Dombivli under Aegis of Dombivli Medical foundation along with Wally's First School organised webinars on Stress Management for Parent and Children on 11th Dec 2021. Attended by 84 students, parents and Teachers

Webinar on Parent Child Communication

IMA DOMBIVLI MPH COMMITTEE UNDER THE AEGIS OF
DOMBIVLI MEDICAL FOUNDATION TRUST INITIATIVE
Alongwith
Wally's My First Playhouse, Dombivli

Project Series
AWARENESS THAT MATTERS - FOR THE PARENT AND CHILD

THE MOST IMPORTANT THING
IN COMMUNICATION
IS TO HEAR WHAT IS NOT BEING SAID

2nd Webinar
"Parent - Child Communication"
For Parent & Teachers

Date - 22/12/2021
Timing: 11.00am to 12.30am

- Speakers -
Dr. Dushyant Bhadlikar,
Psychiatrist

Venue: Zoom Platform
Meeting ID : 87851330873 | Password : 289371
Youtube Live : Live streaming once program starts

Dr. Bhakti Lote
President, IMA Dombivli

Dr. Niti Upasani
Hon. Secretary, IMA Dombivli

Dr. Vijay Chinhole
Chairperson, MPH Committee

Dr. Shruti Arabatti Pataki
Convenor, MPH Committee

IMA Dombivli under Aegis of Dombivli Medical foundation along with Wallys First School organised webinar on Parent Child Communication for Parents and Children on 22nd Dec 2021. Attended by 78 students and Parents

Donation to Orphanage

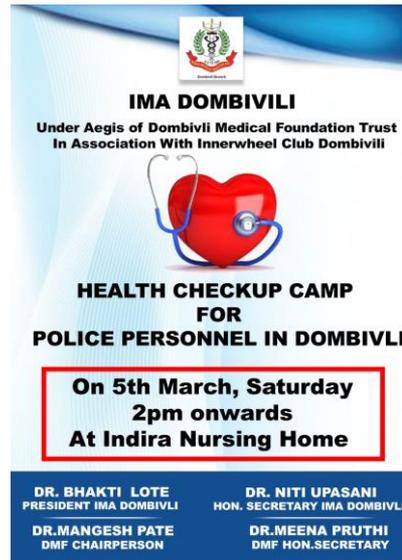


IMA Dombivli under Ageis of Dombivli Medical Foundation organised Christmas celebration with children of Orphanage at Titwala under '**Project Santa**' on 25th December 2021. IMA Dombivli members visited orphanage to enjoy the day with children and donated things like Brand new Washing machine, Refurbished office OC, LED tubes, Gas stove etc for their premises. Beneficeries – 50 children

School Education Program

IMA Dombivli MPH committee under aegis of Dombivli Medical Foundation trust (in association with IWC Dombivli East), organised a virtual talk on "MENSTRUAL CYCLE - A TO Z" For girl students of Chandrakant Patkar School on 4th January 2022. Speakers: Dr. Manasi Karandikar Dr. Niti Upasani Beneficiary: More than 300 students. Lecture was followed by Q and A session.

Health Check camp for police



Under Aegis of Dombivli Medical Foundation, IMA Dombivli organized Health Check up camp for Police Personnel on 5th March 2022 from all 4 police stations of Dombivli. More than 100 police personnel took advantage of this camp. Blood investigations , ECG, BMD, Optometry checkup was done. Eminent Physician, Orthopedician, Surgeon, ENT surgeon, Gynecologist, Dermatologist gave their expert services.

Life Savers' Run for Social Cause



IMA Dombivli's Prestigious project, Life Savers' Run Season IV was conducted under aegis of Dombivli medical foundation. More than 250 people participated in virtual marathon. Funds raised have been utilized for upgrading Police Stations in the vicinity of Dombivli. On the Auspicious Occasion of Gudhi Padwa on 2nd April 2022, 5 computers were donated to four police stations in vicinity of Dombivli city and 1 for ACP Office.



IMA DOMBIVLI COMMUNITY SERVICE REPORT (YEAR 2020 -21)

Dr Sunit Upasani

President, IMA Dombivli
2020 - 21

Dr Hemant Patil

Hon Secretary, IMA Dombivli
2020 - 21

IMA DOMBIVLI Task force working untiringly to bring up COVID hospitals in KDMC area



IMA Task force visited Kasturba Hospital, Mumbai to understand concept of Infectious facilities and pioneered redesign of Covid facilities in Dombivli. Took multiple training sessions of doctors, nurses and hospital staff of both private and KDMC setup to teach about new norms in Covid. First Concept of Air Ventilation in Covid Hospitals was implemented by IMA Dombivli

IMA DOMBIVLI Task force arranging for various learning sessions about COVID management protocols for community clinics



IMA Dombivli Task Force visit to Kasturba Hospital to learn the nitty-gritties of covid management for covid hospital



IMA Dombivli Pioneered and conceptualized Fever OPD. Nearly 250 members of IMA Dombivli served the community through fever OPDs





Covid hospitals and ICUs of the Dombivli city were started and managed by IMA Dombivli physicians and anesthesiologists with IMA Dombivli Covid Task Force. Infection Control Practices were strictly enforced in all Covid Hospitals of IMA Dombivli at the behest of IMA Dombivli Covid Task Force. Besides work for KDMC as an organization, all members continued their private practice to treat the patients. Few of our colleagues were martyred in this war against Covid!



IMA Dombivli Thanks Physicians & Anaesthesiologists For Taking Care of Covid ICU



Physicians in Battle Ground @ R R Hospital

पुढारी

आयएमएचे डॉंबिवलीत कोव्हिड वॉरियर्स तैनात

कोरोनाविरुद्ध लढ्यासाठी देतायेत केडीएमसीबरोबर वैद्यकीय सेवा

डॉंबिवली : पुढारी वृत्तपत्र
कोरोना हा एक गंभीर फोबोरेटि व्हेन असून बरीच आहेत. अशावेळी लोकांना राहण येवणेच पणवू लागते आणि या वेळी काळाने तोंडवर आणि प्रत्येक वेळीच स्वयंसेवा सहाय्यीत अडोवण प्रकट आहे. त्यासाठी डॉक्टरांना वैद्यकीय असोसिएशन अर्थात आयएमएच्या डॉंबिवली कोव्हिड वॉरियर्स डॉंबिवलीकरांच्या अडोवणसाठी कोव्हिड हावना लोकांचे तोंडवर जीव वाचवण्यासाठी केडीएमसी बरोबर वेवढावण सेवा देत आहेत.

आयएमएच्या डॉंबिवलीचे डॉक्टरांनी शास्त्रीय रूग्णालयात आणि सहा केडीएमसी डॉंबिवलीच्या टिप केंद्रात सेवा आणवण्याचायुक्त सुरू केलेल्या प्रकल्पित विरलिकल्पने (हाय ओपीडी) असोरी ओपीडी सेवा देत आहेत. डॉंबिवलीत काही रूग्ण संख्या आढळत आल्याने केडीएमसीच्या वार्षीय शास्त्रीय रूग्णालयात देखिकेवट कोव्हिड सुरू केले आहे. त्यासाठी डॉंबिवलीत आयएमएच्या वॉरियर्स तैनात केले आहेत. त्यांच्या मदतीने कोव्हिड रूग्णांना वैद्यकीय सेवा देण्यात येत आहे.

रूग्णालयात देखिकेवट कोव्हिड सुरू केले आहे. त्यासाठी डॉंबिवलीत आयएमएच्या वॉरियर्स तैनात केले आहेत. त्यांच्या मदतीने कोव्हिड रूग्णांना वैद्यकीय सेवा देण्यात येत आहे.

पुढारीवर रूग्णालयात रूग्णांना कोव्हिड रूग्णांना वैद्यकीय सेवा देण्यात येत आहे. त्यांच्या मदतीने कोव्हिड रूग्णांना वैद्यकीय सेवा देण्यात येत आहे.

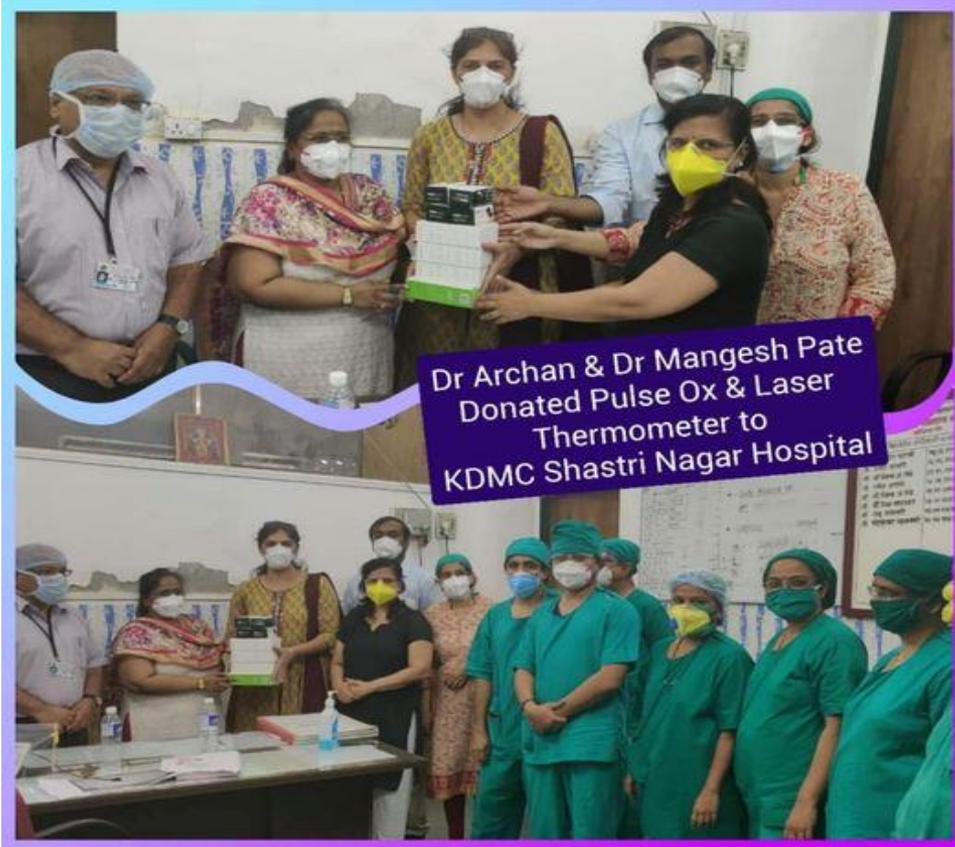
आयएमएच्या वॉरियर्स तैनात केले आहेत. त्यांच्या मदतीने कोव्हिड रूग्णांना वैद्यकीय सेवा देण्यात येत आहे.

Activities in Covid Times



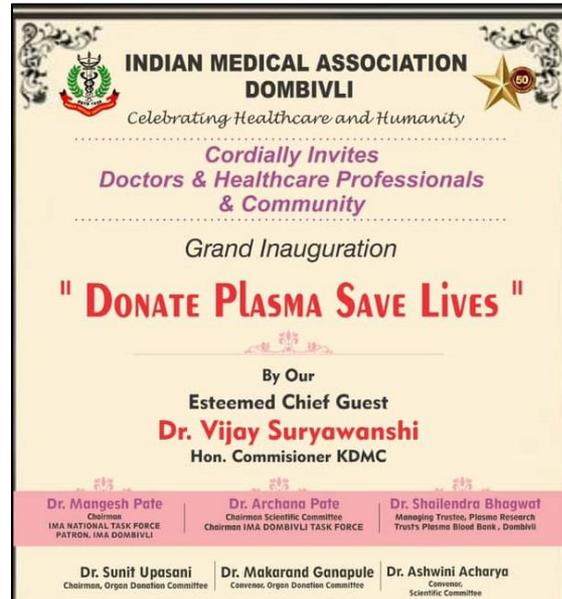
Life Wins Over Covid: In The Crisis Of Lack Of Availability Of Beds And Isolation Our Members In Hands With Local Municipal Corporation Helped Home Isolated Patients In Terms Of Medical And Psychological Support.

Activities in Covid Times



Donations: Donations of Pulse Oxymeters, PPEs kits, Digital Thermometers were done to Shashtrinagar Municipal Hospital and Fever OPDs of Dombivli

Community Activities in Covid Times



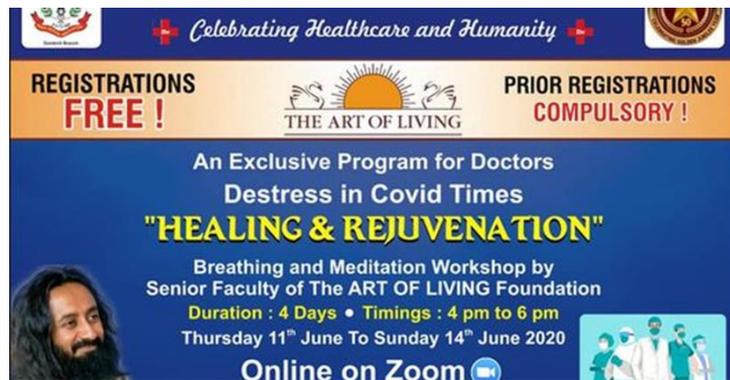
Donate Plasma Save Lives: 5th September 2020 - IMA Dombivli In Association With KDMC worked for establishing a Plasma Donation Centre At Plasma Blood Bank which was Inaugurated by Hon Commissioner KDMC Dr Vijay Suryavanshi And Process Of Plasma Donation, And Processing Was Facilitated For General Community.

Community Activities in Covid Times



Covid Kavach Video – Very informative video to demonstrate the importance of health care givers in the pandemic as well as importance of PPE.

Programs For Distressed Medical Community



REGISTRATIONS FREE ! **PRIOR REGISTRATIONS COMPULSORY !**

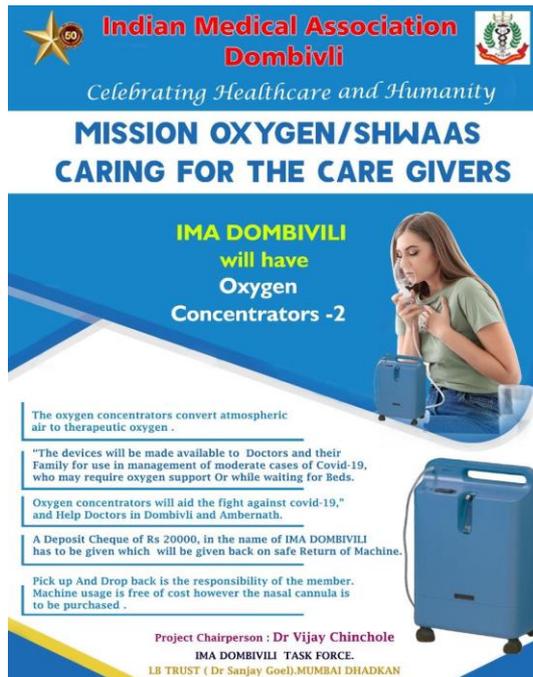
THE ART OF LIVING

Celebrating Healthcare and Humanity

An Exclusive Program for Doctors
Destress in Covid Times
"HEALING & REJUVENATION"

Breathing and Meditation Workshop by
Senior Faculty of The ART OF LIVING Foundation
Duration : 4 Days • Timings : 4 pm to 6 pm
Thursday 11th June To Sunday 14th June 2020

Online on Zoom



Indian Medical Association Dombivli

Celebrating Healthcare and Humanity

MISSION OXYGEN/SHWAAS
CARING FOR THE CARE GIVERS

IMA DOMBIVILI
will have
Oxygen
Concentrators -2



The oxygen concentrators convert atmospheric air to therapeutic oxygen .

"The devices will be made available to Doctors and their Family for use in management of moderate cases of Covid-19, who may require oxygen support Or while waiting for Beds.

Oxygen concentrators will aid the fight against covid-19," and Help Doctors in Dombivli and Ambernath.

A Deposit Cheque of Rs 20000, in the name of IMA DOMBIVILI has to be given which will be given back on safe Return of Machine.

Pick up And Drop back is the responsibility of the member. Machine usage is free of cost however the nasal cannula is to be purchased .

Project Chairperson : Dr Vijay Chinchole
IMA DOMBIVILI TASK FORCE.
LB TRUST (Dr Sanjay Goel),MUMBAI DHADKAN

Art Of Living Workshop – Healing And Rejuvenation- (11th To 14th July) to Reduce The Distress In Covid Times IMA Dombivli Had Organized A Workshop In Association With Art Of Living For Doctors

Mission Shwas- Caring For Care Giving Doctors - Two Oxygen Concentrators Were Arranged And Kept Always Available For IMA Doctors In An Emergency Situation. This Was Aailed By 4 Doctors In An Emergency Situation.

Hum Saath Saath Hai- A Wonderful Project By WDW Team. In Covid Pandemic Even Doctors Got Affected And Were Helpless. In This Difficult Situation, All Branch Members Came Together To Help Affected Families Through This Project.

Sero-Survey of Healthcare Workers



सर्वे सत्यं विद्यते - सर्वे सत्यं विद्यते सर्वे सत्यं विद्यते

सर्वे सत्यं विद्यते, सर्वे सत्यं विद्यते

सर्वे सत्यं विद्यते, सर्वे सत्यं विद्यते

ICMR-National Institute of Immunopharmacology
Department of Health Research, Ministry of Health
and Family Welfare, Government of India.



INDIAN MEDICAL ASSOCIATION
DOMBIVLI

Sero Survey Study For Healthcare Workers

UPDATE

Sample collection for the Sero Survey Study
for HCWs By IMA Dombivli
in collaboration with
ICMR & NIIH
is underway in full swing

*This is the first of its kind survey being carried out by any medical
organisation for its Health care workers.*



COVID SEROSURVEY OF HEALTHCARE WORKERS

- ❖ WITH THE CONCEPTUAL AND HARD WORK OF DR ARCHANA PATE OUR CHAIRPERSON IMA DOMBIVLI COVID TASK FORCE IMA DOMBIVLI STARTED AN ICMR APPROVED SEROSURVEILLANCE STUDY FOR HEALTHCARE WORKERS.
- ❖ IT IS A UNIQUE STUDY AND FIRST OF ITS KIND IN INDIA.
- ❖ IT IS ONGOING AND DETAILED REPORTS WILL BE FOLLOWED.
- ❖ SO FAR MORE THAN 550 BLOOD SAMPLES WERE COLLECTED AND SENT TO ICMR FOR TEST.
- ❖ IMA DOMBIVLI MEMBERS, IMA AMBERNATH MEMBERS , DOCTORS WORKING IN COVID HOSPITALS AND KDMC OFFICIALS WERE AMONGST THE SUBJECTS.
- ❖ PROPER APPROVED GUIDELINES AND PROTOCOLS WERE FOLLOWED.
- ❖ WE WILL BE RELEASING DETAILED REPORT ONCE THE STUDY WILL BE FINISHED.

Community Awareness Sessions

VASTAV- COVID19

The image shows a promotional poster for the 'VASTAV- COVID19' webinar on the left and a screenshot of a Zoom meeting on the right. The poster is for IMA Dombivli, celebrating healthcare and humanity. It features three speakers: Dr. Bhakti Lote (MBBS, Inland Organizer), Dr. Archana Pate (Physician B Internalist, Chairperson COVID Task Force, Expert Panelist), and Dr. Meena Pruthi (Physician B Internalist, CO, Chairperson COVID Task Force, Expert Panelist). The webinar is scheduled for Wednesday, 15 July, at 4pm onwards via Zoom Meeting (ID: 874 4729 6380, Password: 402951). The Zoom screenshot shows a woman in a blue shirt and glasses as the main speaker, with other participants visible in a grid view.

Even In Covid Restrictions Ima Dombivli Continued Its Social Responsibility By Raising Community Awareness Through Multiple Webinars, for various Housing Societies of Dombivli & for various social Organisations

DISHA STEERING THE WAY AHEAD

The image shows a promotional poster for the 'DISHA STEERING THE WAY AHEAD' webinar on the left and a screenshot of a Zoom meeting on the right. The poster is for the Indian Medical Association Dombivli, celebrating healthcare and humanity. It features a panel of speakers including Dr. Vijay Sanyasani (Chief Guest), Dr. Manoj Chandra (Director Education), and Dr. Manoj Pate (President). The webinar is scheduled for 01-08-2020 at 5PM onwards via Zoom Meeting (ID: 472 482 8529, Password: 1NVMJ). The Zoom screenshot shows a grid of 12 participants, including Dr. Manoj Chandra, Dr. Manoj Pate, and Dr. Archana Pate.

Community Awareness Sessions



INDIAN MEDICAL ASSOCIATION DOMBIVLI
MPH WING CELEBRATES
HEALTHY NATION TODAY AND TOMORROW

Mission
Pink Health

National
Nutrition Week
1st September
To
7th September

TOPIC
**NUTRITION IN
ADOLESCENTS**

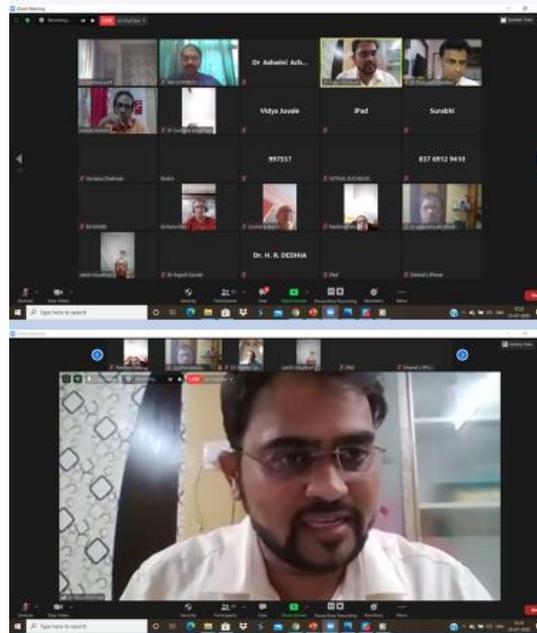
DR. BHAKTI LOTE
M.B.B.S GENERAL PHYSICIAN
MODERATOR

DR. MEDHA OAK
M.D. CONSULTANT PHYSICIAN
PANELIST

DR. SUCHITRA KAMATH
M.B.B.S GENERAL PHYSICIAN
PANELIST

IMAPULSE@LIVE
24th September, Thursday
5PM onwards

Venue: Zoom platform
Facebook LIVE



In View Of National Nutrition Week From 1st September To 7th September, IMA Dombivli Conducted Online IMAPULSE @LIVE Sessions On Topic Of **Nutrition In Adolescents**. This Programme Was Aired Live On Facebook. It Was Very Well Appreciated By Community and got a very Good Response.

Covid brought in a lot of Psychological issues in Community. In view of the same, online webinar for Community on Combat Covid Psychologically was organised on 25th July 2020 by eminent psychiatrists of Dombivli for the community

Community Awareness Sessions



MISSION Pink Health
INDIAN MEDICAL ASSOCIATION DOMBIVLI
HEALTHY NATION TODAY AND TOMORROW

MPH WING PRESENTS
‘जाने कहाँ गए वो दिन’

TOPIC
SOCIAL MEDIA ADDICTION AWARENESS

SPEAKER
DR. VIJAY CHINCHOLE
CONSULTING PSYCHIATRIST
HON. TREASURER IMA DOMBIVLI

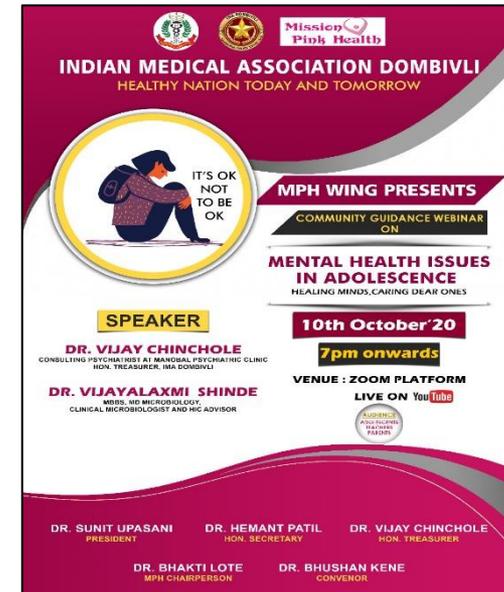
29th September '20
5pm onwards
IMAPULSE@LIVE

AUDIENCE
ADOLESCENTS
TEACHERS
PARENTS

VENUE : ZOOM
MEETING ID: 811 6290 0540
PASSCODE: 828824

DR. SUNIT UPASANI PRESIDENT
DR. HEMANT PATIL HON. SECRETARY
DR. VIJAY CHINCHOLE HON. TREASURER
DR. BHAKTI LOTE MPH CHAIRPERSON
DR. BHUSHAN KENE CONVENER

IMA Dombivli Successfully Conducted A Community Guidance **Webinar On Social Media Addiction Awareness** Campaign, on 29th September. The Webinar Was Attended By More Than 50 Participants Of Dombivli , School Students , Parents, College Students. Session Ended With Question And Answer.



MISSION Pink Health
INDIAN MEDICAL ASSOCIATION DOMBIVLI
HEALTHY NATION TODAY AND TOMORROW

MPH WING PRESENTS
COMMUNITY GUIDANCE WEBINAR ON

MENTAL HEALTH ISSUES IN ADOLESCENCE
HEALING MINDS, CARING DEAR ONES

10th October '20
7pm onwards

SPEAKER
DR. VIJAY CHINCHOLE
CONSULTING PSYCHIATRIST AT MANGDAL PSYCHIATRIC CLINIC
HON. TREASURER IMA DOMBIVLI

DR. VIJAYALAXMI SHINDE
MRBS MB MICROBIOLOGIST
CLINICAL MICROBIOLOGIST AND IIC ADVISOR

VENUE : ZOOM PLATFORM
LIVE ON YouTube

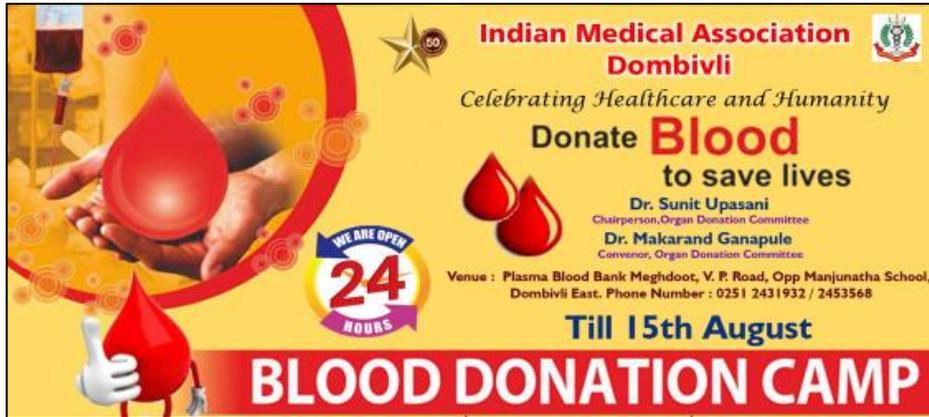
AUDIENCE
ADOLESCENTS
PARENTS

IT'S OK NOT TO BE OK

DR. SUNIT UPASANI PRESIDENT
DR. HEMANT PATIL HON. SECRETARY
DR. VIJAY CHINCHOLE HON. TREASURER
DR. BHAKTI LOTE MPH CHAIRPERSON
DR. BHUSHAN KENE CONVENER

IMA Dombivli Conducted Community Guidance **Webinar On World Mental Health Day** on the topic ‘Healing Minds , Caring Dear Ones’ on 10th October 2020. The webinar Was Attended By More Than 400 Participants Of Guardian School. Session On Hand Hygiene, Nutrition, Mental Health Well-being Was Covered.

Blood and Plasma Donation Drive



**Indian Medical Association
Dombivli**

Celebrating Healthcare and Humanity

**Donate Blood
to save lives**

Dr. Sunit Upasani
Chairperson, Organ Donation Committee

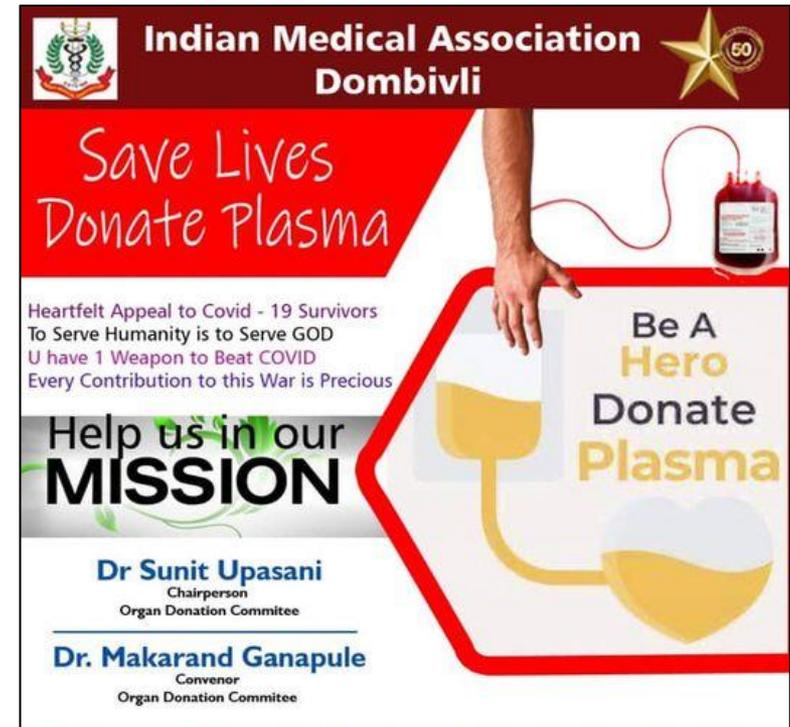
Dr. Makarand Ganapule
Convenor, Organ Donation Committee

Venue : Plasma Blood Bank Meghdoot, V. P. Road, Opp Manjunatha School,
Dombivli East. Phone Number : 0251 2431932 / 2453568

Till 15th August

BLOOD DONATION CAMP

**WE ARE OPEN
24
HOURS**



**Indian Medical Association
Dombivli**

**Save Lives
Donate Plasma**

Heartfelt Appeal to Covid - 19 Survivors
To Serve Humanity is to Serve GOD
U have 1 Weapon to Beat COVID
Every Contribution to this War is Precious

**Help us in our
MISSION**

**Be A
Hero
Donate
Plasma**

Dr Sunit Upasani
Chairperson
Organ Donation Committee

Dr. Makarand Ganapule
Convenor
Organ Donation Committee

Blood and Plasma Donation Drive in Covid Times

IMA Dombivli Conducted Blood & Plasma Donation Drives And Reached Maximum People To Encourage Them For Blood / Plasma Donation

Life Savers' Run Season III for Social Cause



Dombivli Medical Foundation of IMA
Registered Public Charitable Trust of IMA Dombivli
Indian Medical Association, Dombivli
VIRTUAL GLOBAL MARATHON
LIFE SAVERS' RUN

736 doctors have succumbed to covid while delivering healthcare during pandemic. Let us all donate & stand for their families.

Category:
2K, 3K And 5K, 10K, 21K, 42K

7th Feb, 2021

+91 93563 28972
www.lifesaversrun.org

IMA RUN 7 FEB 2021

10.01 km
1:02:13

Lifesavers Run 2020 Was The Feather In The Cap Of IMA Dombivli. As Per Tradition Every Year IMA Dombivli Arranges Marathon To Raise Awareness About Health In Community. In 2021 Due To Covid Pandemic IMA Dombivli conducted Virtual Global Marathon as a Fund Raiser to raise money for IMA Headquarter's Covid Marty Fund. The Marathon was a super success. 2500 Participants From 13 Countries, 22 States Of India And 176 Cities Participated In The Virtual Global Run **A Huge Fund For Our Covid Martyrs could be Raised through LSR & a Cheque Of Rs 8.5 Lakhs Was Handed Over To IMA Headquarters.** This Activity Received Tremendous Support From Medical Fraternity And Community At Large – It Was Even Supported By Ima Headquarters, World Medical Association, Association Of Physicians Of India And Others



IMA DOMBIVLI COMMUNITY SERVICE REPORT (YEAR 2019 -20)

Dr Meena Pruthi

President, IMA Dombivli
2019 - 20

Dr Vijayalaxmi Shinde

Hon Secretary, IMA Dombivli
2019 - 20

WHO Day Program



Organised on 14th April 2019 at Aditya Mangal Karyalaya Dombivli. Eminent speakers from Dombivli spoke on topics of Universal healthcare, Lifestyle disease awareness, insured India- Smart India. The programme was attended by people from Community, & was appreciated by all.

Blood Donation Drive



On the occasion of Doctors' Day, Blood Donation camp was organised on 30th June 2019 At Dombivli Gymkhana in association with Plasma Blood Bank. 55 Units of Blood was collected

'Ride For Awareness' Cycle Rally



IMA Dombivli organized a cycle rally on 2nd June 2019 on the occasion of No Tobacco Day and World Environment Day. The programme witnessed an enthusiastic Participation from 200+ cyclist with 100+ audience which included good response from IMA Doctors, Families, Friends Community participants Cycle Clubs, children, women and Senior citizen too. Street Play On No Tobacco And Save Environment was enjoyed by all. Expert Talk On Health Hazards Related To Tobacco And Expert Talk On Lung Health was delivered By Chest Physician .

Basic Life Support Training



Police Awareness Project - 7th June 2019

IMA Dombivli conducted CPR training programme for Policemen on 7th June 2019 under POLICE AWARENESS PROJECT. Basic life support management Hands-on training and other health check ups for our own Policemen of Tilak Nagar Police stations was undertaken. Around 100 Police men and support staff participated in this programme.



BLS Training at Regency - 28th Sept '19
IMA Dombivli conducted hands on CPR training for laypersons at Regency estate, Dombivli. IMA Dombivli team reached out to the Community to Educate them with the basic skill to perform CPR in a Cardiac Arrest' situation. 80 members benefitted from the program

BLS Training for college students



IMA Dombivli's HBI Committee Sanjeevan CPR WORKSHOP for college students and teachers at CHM (Chandibai) college at Ulhasnagar on 20th December 2019. 50 students benefited from CPR workshop and all were enthusiastic about learning.

Lifesavers' Run '20 Season II for Social Cause



The Season 2 of LSR was awareness marathon with the theme of Being Heart Healthy. It received an enthusiastic response from medical and non medical participants. 450+ Runner Enjoyed the LIFESAVERS Run spreading awareness about HEART health. Eminent cardiologist of Dombivli gave tips of making our heart healthy & a Musical Skit was presented members of IMA Dombivli on being Heart Healthy theme to the audience

School Programs under Mission Pink Health



Adivasi school Neral - 23rd April 2019
Awareness Session about Health care,
Sex education and counselling For
Girls & about the adolescent health
and care in growing age for Boys was
taken by Eminent Doctors of IMA
Dombivli.



Gharkul Ameya Palak Sanghatana, Khoni
gaon – 12th May 2019

Health Check up with Music Program was
organised for 30 Mentally Challenged
special children aged between 18 to 55
years. Things For Daily Needs Were Given

Medical Check up at Old age Home



DILASA at Regency AND MAZE GHAR at MIDC old Age Homes - 13th October 2019
Health check up camp and Celebration of Kojagiri Poornima With residents of Old Age Home At DILASA at Regency AND MAZE GHAR at MIDC old Age Homes. IMA DOMBIVLI distributed SNACKS, Fruits & KHEER to them and spent sometime with them.

Health check up camp



Community health camp At Kama office, MIDC - 26th MAY 2019
50 industry workers of Kama Industry office were evaluated Clinically by eminent consultants of IMA Dombivli.

School Health Programs Under MPH



Model College, Dombivli, 25th June 19
In a program Organised by Model College in association with Tilak Nagar Police Station, on the occasion of World anti Narcotic day / International day for drug abuse awareness day, speakers from IMA Dombivli took sessions for about 150 students



SIES Dombivli West - 25th, 26th & 27th July 2019
Health Check up camp conducted at South Indian English School For 1200 students of Std. 5th to 10th. Lectures for junior students On Hand Hygiene, Good Touch Bad Touch, Nutrition & health was taken. Sessions on Adolescent Health and Hygiene for Boys & Adolescent health & Menstrual Health for girls were conducted for Std. 7th to 10th students

School Health Programs Under MPH



Flood Affected ADIVASI ASHRAM SHALA,
GHOTEGHAR. Residential School
Sun.18 th Aug. 2019

Appx. 440 Adivasi Students (1st -10th
STD) were examined clinically, basic
blood tests done & medicines were
distributed. Books, pens, lab Items and
Food Items were donated to school

Gurukul Day school – 22nd August '19

Lecture on Adolescent health &
Hygiene and Sex Education conducted
at Gurukul Day School. Beneficiaries -
boys and girls from class 7th to 10th

School Health Programs Under MPH



Sarvodaya School -14th Sept 2019

Session for boys and girls from Std .8th to Std. 10th On Sex education ,Menstrual health & hygiene and Adolescent health, by eminent members of IMA Dombivli

Swami Vivekananda School - 19th and 20th Sept. 2019

Beneficiaries- 200 students of Std. 7th to Std. 10th. Lectures on Hand Hygiene, Nutrition & Health, Media Addiction, Good Touch, Bad Touch, Adolescent Health and Hygiene, Sex Education were conducted. Health check up camp and Hb Check up & Treatment was provided

School Health Programs Under MPH



Holy angels School – 3rd December 2019
Awareness lectures were conducted by IMA Dombivli Doctors for students on Sex education, Menstrual Hygiene, Adolescent Health. Beneficiaries — 160 boys and girls

Adivasi Pada, Kolegaon on 6th Dec 2019
Approximately 20 Adivasi Families ie 70 Adivasi People of All Age group Benefitted . Health Check up was Conducted by Physician, Paediatrician, Dermatologist, Ophthalmologist, Gynaecologist & Medicine were Dispensed as per requirement.

School Health Programs Under MPH



Swami Vivekanand School - 14th December 2019

General Health Check up of 380 Students from 5th to 8th std was done. HB Check up was done. Iron Folic Acid Supplementation were given to children who were Found to be Anaemic. Deworming Of all Students done. Awareness Lecture on Adolescent Health, Sex Education & Menstrual Hygiene were Conducted



SIES College, Dombivli On 23 Jan 2020

IMA Dombivli Conducted Addiction Awareness Activity for students of SIES college along with Tilak Nagar Police personnel. Nearly 65 students attended the session

Organ Donation Awareness Activities



Dombivli Gymkhana - 30th June 2020
Corporate KIRTAN was written,
directed & performed by
members of IMA Dombivli with
the aim to create organ
donation Awareness amongst
doctors and their families.

IMAPulse @ Live – 29th August 2019
To commemorate Eye Donation Fortnight
IMA Dombivli presented IMAPULSE@
Live Chat on Facebook on 29th Aug.19 for
community Awareness

Pragati College – 16th August 2019
Superbly Crafted clear concise Lectures &
Quiz Competition was conducted For BSC
IT students of Pragati College, Dombivli

Other Activities



IMA Dombivli organized a Poster and Quiz competition on ORGAN DONATION at Patkar School and Sister Nivedita Schools on 14th November in Dombivili. More than 40 posters from each school were received and judged by the Committee heads. Winners from each group were felicitated with gifts. Winning posters were exhibited at the exhibition galley of IMAFest 2019.



On the occasion of Safe Motherhood week, on 11th April 2019, IMA Dombivli arranged Interactive sessions for Expecting mother's coming for ANC OPD, Delivered mothers in the wards, Mothers coming for vaccination of their babies and Mothers coming to paediatric opd of Shastrinagar Mun. Hospital

IMAPulse@live - Live Chat Show On Facebook

A new initiative to connect with community on social platform was launched for awareness thru' Media. Following Sessions were taken:

- 30th May 19 : Menstrual Hygiene Awareness Week
- 31st May 19 : No Tobacco Day On Lung Health
- 16th June 19 : World Elderly Abuse Prevention Day
- 14th August 19: Organ donation Synopsis.
- 16th August 19 : Awareness Talk on Living Donor & Blood Donation
- 20th August 19: Interactive Talk on Organ Donation After Death & Body Donation

COVID19- PREPARATION AND PLANNING

Begun 23rd March 2020



- IMA Dombivli prepared to gear up with KDMC to face this war. Our IMA Dombivli Task force Team was formed under the Guidance of Dr. Mangesh Pate, Dr Archana Pate and Team was lead by President Dr Meena Pruthi. Members of IMA Dombivli Covid Task Force Team – Dr Niti Upasani, Dr Vijayalaxmi Shinde, Dr Sunit Upasani, Dr Bhakti Lote, Dr Hemant Patil
- Warriors geared up, Task Force conducted several meetings, Training programs, schedules made. KDMC along with initial team of 22 doctors started seeing Fever OPD.
- Online Training videos were made to train members & MOHFW, ICMR guidelines were followed for planning and preparation.



IMA DOMBIVLI COMMUNITY SERVICE REPORT (YEAR 2018 -19)

Dr Archana Pate

President, IMA Dombivli
2018 - 19

Dr Vandana Dhaktode

Hon Secretary, IMA Dombivli
2018 - 19

WHO Day Program



WHO day was celebrated for the first time by IMA Dombivli at Sarvesh Hall on 8th April 2018. Keeping in mind the theme of WHO day “Health for All” wonderful informative sessions on Health Insurance, Healthy mind, Diet and Nutrition and on Spiritual wellbeing were arranged by experts in the field which were well appreciated by the attendees. Nearly 120 non-medical and medical people attended the program.

Training Programs for Nurses



21st June 2018

Nurses Training Program on Communication skills was organized. Session was conducted by corporate trainer Ms. Pompia Pinto. Attended by 90 staff members from 26 hospitals



8th Feb 2019

Nurses' Training workshop was organized in association with IMA MS HBI - NABH Accreditation Initiative Technical Support team to prepare for NABH accreditation entry level certification. Attended by 107 staff nurses from 25 hospitals

Training Programs for Nurses



6th March 2019

In association with IMA MS HBI - NABH Accreditation Initiative Technical Support team as per requirements for NABH accreditation entry level certification. Attended by 54 staff nurses from 13 hospitals



20th March '18

Basic Life Support Training was organized for staff nurses at IMA Hall. Session was attended by 25 staff nurses from 12 hospitals

School Health Program



DKVC school – 3rd July 18

Anemia detection & treatment with general health checkup was conducted for girls between the age group 12 to 16 yrs. Talk on Anemia, menstrual health & hygiene for girls & a lecture on general health & adolescent issues for boys was taken by speakers of IMA Dombivli. Nearly 250 students benefitted from the program

School Health Program



Gurukul Day school – 4th July 18

Session on Reproductive health and Changes during adolescence for boys & session on Reproductive health, nutrition and hygiene for girls was taken by eminent members of IMA Dombivli. About 150 students were benefited

School Health Program



Kidlands school -10th Oct 18

IMA Dombivli conducted a comprehensive medical checkup camp and lecturers for 1st to 10th grade students of Kidslan School, Dombivli west. Sessions on hygiene for younger children and Menstrual problems and adolescent Health education was conducted for adolescent children. Total 385 student benefitted.

School Health Program



Holy Angels – 10th Aug 18

Session on Reproductive health and Changes during adolescence for boys was taken & session on Reproductive health, nutrition and hygiene for girls. Was taken by experts from IMA Dombivli. About 300 students were benefited.

School Health Program



Kumkum school, 26th Sept 2018

Anemia detection & treatment, deworming and health education for boys and girls between age groups 11 – 14 years was conducted for 168 boys and girls. A lecture on Anemia awareness, hand hygiene, good touch/ bad touch, adolescent health and hygiene was taken for girls and on adolescent education for boys.

School Health Program



Gyanmandir school – 6th Feb 2019

Anaemia detection & treatment was conducted for around 170 girls and boys between the age group 11 to 13 yrs. Lectures on hand hygiene, Anaemia awareness, menstrual health & hygiene was and adolescent health was taken.

School Health Program



Mahatma Phule school, 16th Oct 18

Hemoglobin estimation Camp was done. Session on Anaemia awareness, hand hygiene, good touch/ bad touch, adolescent health and hygiene was taken for students. General health checkup was conducted leasing physicians of IMA Dombivli. Nearly 180 girls between the age group 12-16yrs benefitted from the program



Rotary School For Deaf - 12th March '19

Health Awareness Program

for staff & mothers of Rotary school for deaf students was arranged on 'Parenting of Children with Special needs'. Experts from IMA Dombivli took session on the same.

Donation of School Supplies



Project Dnyanda - 26th Jan 2019

Donation of school supplies useful for science lab to Shivai Balak vidya mandir school, Dombivli - E

Workshop on Mental Health in children



PLAY, PUB G, PARENTING & PARIKSHA - 9th Feb '19

A Mental Health workshop for students, parents and teachers was organized by IMA Dombivli on 9th February 2019. Nearly 250 participants from 8 different schools of Dombivli attended the program. The session was conducted by Eminent Psychiatrist Dr. Harish Shetty at Rotary Hall, Dombivli East



School Education Program



6th October 2018 - Model college.

IMA Dombivli undertook Educational workshop for nearly 150 female students and teachers of Model College. Sessions on 'A healthy Mind - Psychological health issues in the Adolescent Age, Sexual Health & Hygiene & Cervical Cancer Awareness & Prevention' were taken.

Self Defense workshop for girls



7th October 2018 - Self Defense Workshop was taken for underprivileged girls from Golavli, Kalyan. 35 underprivileged girls of age groups 13 -16 years benefitted from the program. Self defence technique demonstrations on how to deal with common incidents and sessions on Importance of Good touch and bad touch with safe circle sharing was taught.

Organ Donation Awareness Programs



Model College – 28th Sept 18

Organ donation awareness program was conducted at Model College, Khambalpada which was attended by more than 100 NSS volunteer students and teachers. Sessions on organ and body donation, Skin donation and eye donation were taken. The program was appreciated by students as well as teachers



K.M. Patel College – 29th Jan 19

IMA Dombivli conducted Organ Donation Awareness program at K.M.Patel college of commerce and science, Thakurli. The program was attended by teachers and nearly 100 senior college students. Sessions on Organ & Body Donation with Eye and Skin Donation were taken

Organ Donation Awareness Program



DAAN KI ADALAT – 17th March 19
IMA Dombivli organized a unique Organ Donation awareness Program. Through a moot court scenario and in the form of question answer session – all the nitty gritty regarding organ donation was explained in an extremely easy manner by ZTCC officials and Transplant Physicians from Fortis Hospital, Mulund. Donor families and the recipients shared their first hand experience! The event was attended by 136 people

Programs for Senior Citizens



Health check up - 24th April 2018

Project Aadhar – Health check up camp for residents of at Sandhya Chhaya Vriddhashram, Dombivli west was conducted by eminent doctors of IMA Dombivli on 24th April 2018



World Elder Abuse awareness Program

On the occasion of World Elder Abuse Prevention day, Lecture on Elder abuse and its prevention and Ageing Gracefully were organized for senior citizens at Dombivli Gymkhana on 24th June 18. Nearly 65 Senior citizens enthusiastically participated

Life Support Training for Community



31st May 2018 – 38 Lay Rescuers trained at Ekta Nagar, Dombivli - E

24th June 2018 – 30 Lay Rescuers trained at Dombivli Gymkhana



22nd September 18 - BLS training at Holy Angels School – 50 teachers trained



16th March 2019 – BLS workshop to residents of Maruti Mahavir Nagar Housing society

Life Savers' Run Season I for Social Cause



IMA Dombivli in 2019 conducted its first Life Savers Run with the idea of creating Health awareness in Community on various Health issues / Social Causes. The Theme of 1st LSR, which was conducted on 24th February 2019 was 'Learn Life Support, Save Lives' for creating Awareness In Community About Importance Of Learning Life Support. IMA Dombivli Members Performed A Skit On Importance Of Life Support As Well As Hands Only Life Support Demo Was Given. Nearly 650 People Participated In The Run

Other Social Activities



12th May 2018 – Mother's Day

Health Check up was organized for Mothers from community on the occasion of Mothers' Day. Nearly 70 women participated. BMD, Optometry ECG, health check up were done



8th July 2018 - Blood Donation Drive

On the occasion of Doctor's day, Blood Donation camp was organized in association with Plasma Blood Bank at Dombivli Gymkhana. 74 units of blood was collected.

Participation in Glaucoma Awareness Rally



Glaucoma Awareness Rally – 10th March 2019

IMA Dombivli participated in "Glucothon"- Glaucoma awareness Rally arranged by Ophthalmologists as per the directives of IMA Maharashtra State. Around 250 people took part in the rally. Slogans were raised and information on Glaucoma was given to the participants by Expert speaker from IMA Dombivli



IMA DOMBIVLI COMMUNITY SERVICE REPORT (YEAR 2017 -18)

Dr Niti upasani

President, IMA Dombivli
2017 - 18

Dr Sandhya Bhat

Hon Secretary, IMA Dombivli
2017 - 18

School Health Program



Radhabai Marathi Vidhyalay 15th Dec '17
Project Mi Kishori 15th December 2017.
Comprehensive health checkup camp for 300 girls from Radhabai Marathi Vidhyalay. Menstrual hygiene and Sex Education talk for students of 9th and 10th standard



GSB school, Gograswadi 10th August '17
Hemoglobin and Health Check Up Camp 10th August 2017 for 200 students from GSB school, Gograswadi. Talk on hand hygiene for students up to 3rd standard. Healthy diet and menstrual hygiene talk for 8th to 10th standard girls.

School Health Programs



Holy Cross high school - 28th June '17

On 28th June 2017, Sessions on Menstrual hygiene awareness and sex education conducted for 200 girls of Holy Cross high-school

Rotary School of deaf - 22nd August '17

Project 'Vayaat Yetana' - 22nd August 2017. Talk about adolescents and their problems was conducted & Separate talks for boys and girls were organized for specially abled children of Rotary School of deaf.

School Health Program



Lodha World school - 20th Sept 2017

Session on Health and hygiene and Obesity in children for students of 5th to 8th standard of Lodha World school was taken by Eminent speakers of IMA Dombivli



Holy Angels school -17th Sept '17

Awareness lecture for Adolescent Boys about Puberty and Psychological problems was conducted at Holy Angels school by eminent Psychiatrist of IMA Dombivli

School Health Program



Health Awareness session was taken for students of Kumkum English School on 24th February 2018. For std 4th – 7th, Experts guided on Importance Of Exercise, Healthy Diet And Personal Hygiene and for senior children, sessions on Reproductive health, changes during Adolescence and Menstrual Health and Hygeine was taken.

Rural Health Programs



Adivasi Pada, Shahpur - 28th Dec 2017

Health Check Up Camp for 500 villagers of Adivasi pada in Shahapur was done by specialists from IMA Dombivli. Medicines were Distributed and healthy snacks were given to villagers.



Adivasi pada, Karjat 29th January 2018

IMA Dombivli conducted health check up camp for Adivasi Pada at Karjat. Eminent specialists conducted the Health check up camp and medicines were distributed.

Activities for Organ Donation awareness

अनुलोम प्रेरित -
चिरंजीवी संस्था आयोजित आणि
इंडियन मेडीकल असोसिएशन (I. M. A)
डोंबिवली शाखा, यांच्या संयुक्त विद्यमाने



अवयवदान जनजागृति कार्यक्रम

अवयवदानाविषयी माहितीपूर्ण व्याख्यानमाला

प्रमुख वक्ते :

डॉ. संगीता दांडेकर डॉ. लीना लोकरस
डॉ. शीतल किस्मतराव डॉ. रश्मी फणसळकर

प्रमुख उपस्थिती :

डॉ. निती उपासनी - अध्यक्ष, आय. एम्. ए. डोंबिवली शाखा
सौ. निवेदिता जोशी - अनुलोम (अनुगामी लोकराज्य महाभियान)
सौ. श्रद्धा भिडे, अध्यक्ष - चिरंजीवी संस्था

स्थळ : सर्वेश सभागृह, १ ला मजला, ताई पिंगळे चौक,
टिळकरोड, डोंबिवली (पूर्व)

वेळ : रविवार दि. - २६ नोव्हेंबर २०१७ संस्थाकाळी ६ ते ८

अवयवदानाचा संकल्प आजच करा आणि इतरांनाही त्यासाठी प्रेरित करा.
अधिक माहितीसाठी संपर्क : सौ. श्रद्धा भिडे ८६९९८७७४४४



On 26th November '17, under Project Dadhichi, a public education program on organ donation awareness in association with Anulom organization. was organized by IMA Dombivli

On 10th and 11th January 2017, 2 days program on Organ donation awareness was organized in association with IWC Dombivli

Health Check up at Old Age Home



Old Age Home, Khidkali 15th April '17

Health Check up camp was conducted for Residents of Old Age Home at Khidkali by specialists from IMA Dombivli.

Blood Donation drive



Blood Donation Camp - 2nd July 2017

Blood Donation Camp was organized on the occasion of Doctors' Day as per the Tradition, on 2nd July 2017 in association with Plasma Blood Bank and Dombivli Gymkhana. Collected more than 150 bottles of blood.